

VOICE OF THE RESIDENTS

VOL. XXII, No. 7

BROADMEAD, COCKEYSVILLE, MD

March, 2001

BROADMEAD ENTERS CYBERSPACE

By Alex Kaufman Photos by Dick Hutzler

After a lengthy struggle with the technology of electronically “shaking hands” with access to an internet service, Eldertek, our newly arrived computer training program went “on line” and began teaching classes in the activity room of Stony Run at a Grand Opening on January 22nd.

Eldertek Technology Centers

Eldertek
Connecting Seniors with Technology

MySeniors.com
The Online Community for Seniors

Class Registration & Information:
410-480-8280 877-480-8280

email: info@eldertek.com | email: info@myseniors.com
website: www.eldertek.com | website: www.myseniors.com



*Entering cyberspace.
Bob Anderson and Alex
Kaufman cut the ribbon
to the new computer
room.*

Eldertek (Connecting Seniors with Technology), will be offering a wide range of courses beginning with a hands-on practical introduction to the basic parts and function of a personal computer and the Windows operating system. The syllabus will also introduce the basic functions and features of the Internet and World Wide Web (WWW). Broadmead and Eldertek are now positioned to provide a very convenient opportunity for learning more about accessing the exciting field of computers and the Internet.

It is this writer's hope that in the not-too-distant future, our Broadmead residents directory will list e-mail addresses alongside our telephone numbers. I trust that we all look forward to finding our place in the unfolding Internet and World Wide Web that can transport us into a vast universe of communication, information and learning. Additional sign-up sheets for day and, hopefully, evening classes are to be posted as soon as schedules are finalized.

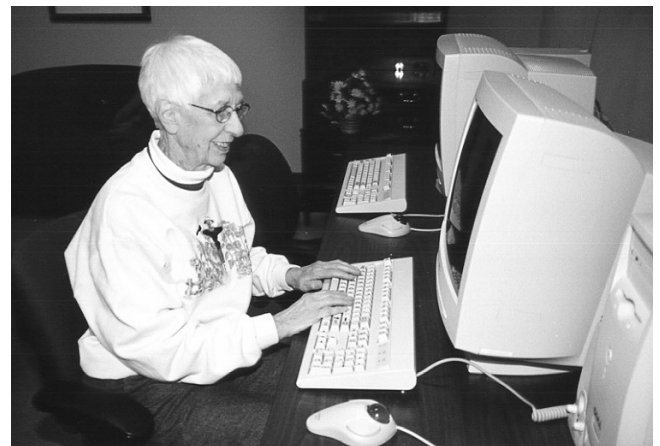


Brenda Becker, Alex Kaufman, Rich Compton, Bob Anderson and Pat Graham are pleased with their program.

See you on line!



Bob Anderson begins his enthusiastic lecture on the wonders of computers, while the class waits in anticipation of new knowledge.



Sarah Korn tries her hand at the keyboard, while the mouse waits its turn.

Letter to the Editor:

The clouds of meringue which whipped over us inauguration night (January 20) were accompanied by the comforting sounds of snow blowers in the dark and later the soothing of Food Service.

Our many thanks to those who stayed overnight and those who worked diligently when the meringue turned to glazed ice.

Marjorie B. Jones

IN MEMORIAM

Eleanor R. Mann

February 18, 1919

January 30, 2001

Moving Around Broadmead

	From	To
Dorothy Barr	C-7	S-207
Sarah Korn	F-3	F-5
Ruth Brock	G-5	L-17

NEW RESIDENTS

Louise Epstein	Q-11	410-572-1956
Margaret Kraus	F-9	410-527-9816

M*S*S*H

Men's Saturday Social Hour

Coordinator: Chris Slaughter
In the Lounge and Auditorium
At 9:30 am



Doughnuts and Fruit

March 3

John Student, speaking on
"My Life to Live"

March 17

Charles Stieff, will present a slide show on
"My Silver Heritage"

Donation of \$1.00 to cover expenses.
Come one, come all!!!

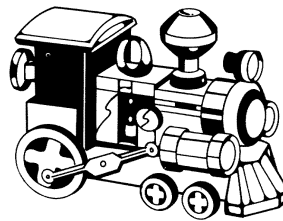
Wear Your Name Tags

Memorial Case

By Mary Louise Hibline

The Memorial Case began in 1982 in memory of a devoted employee, Bill Muth, who was killed in an automobile accident. During the past nineteen (19) years residents have contributed to and enjoyed one hundred and forty-two (142) case exhibits without a repeat! A series on "The Arts" began with "Things Japanese," to be followed by art from Italy, the Mediterranean area, France, Russia, England, China and/or others.

We would like very much to hear about items that you might consider exhibit materials. Please phone Evie Coyle, 410-527-1237, or Mary Louise Hibline 410-527-0870, so that your pieces may be considered. Watch for Memorial Case No. 143 in April; plus viewing the four Albums, displayed in the Lounge this month, with pictures of all the 142 cases.



Attention: All Railroad Buffs

The Christmas Decorating Committee is planning to install a traditional Baltimore Christmas Garden - and we are asking for your help.

We need trains, tracks and necessary equipment to make the whole scene.

We desperately need engineers, track men, conductors, crossing guards - to locate the necessary rolling stock, assemble it, install it and supervise the entire presentation.

We are counting on you to help us get the Broadmead Limited up and running - please, let us know what you can locate and lend to the opening of this run - this will be your fun and games.

Weezie Davis
Margaret Proctor

THE BROADMEAD WRITERS GROUP

By Lynn Buck

Writing for me is a way of understanding what is happening to me, of thinking hard things out.... Perhaps it is the need to remake order out of chaos. For art is order, but it is made out of the chaos of life.

May Sarton

From *At Seventy: A Journal*

When we started the Writers Group six years ago--a handful of Residents with a wide diversity of views--the common thread was our love for writing. At our first meeting we determined that we wanted to be flexible and enjoy coming together each week without pressure, simply to share our work with one another, exchanging comments and suggestions. We would not set up an elaborate scheme of operations. There would be only one basic rule: Never apologize for our own writing. That rule still stands. Thanks to the enthusiastic participation of our founders, the group got off to a good start, and we've been going strong ever since. We have grown from an initial membership of five to about eighteen, with a dependable core of regulars and several fringe members who attend occasionally (which is all right, as we have no attendance rules).

Novelist John Gardner says, "Writers care about all possibilities of human nature A successful story will contain a sense of life's strangeness, however humdrum its makings." We have certainly found that to be true. No topic is too large or too small for us to take on. We like challenges. All genres are represented - poetry, fiction, essays, letters, journal entries, memoirs. A trust has built up among our members that allows us to be honest in our views as we attempt to transcribe them into words. Newcomers will find a welcoming appreciation of their work.

Every spring we hold a public reading for Broadmead Residents and friends. Each writer reads a small portion (approximately five minutes) of her/his work. Our Fifth Annual Reading will be held in April, details to be announced later. Bound folders of our selections for the last four annual readings are in the Library.

For the past couple of years, we have invited talented writers to come and talk to the Broadmead community. **Our guest speaker this year will be Sujata Massey, a former *Baltimore Sun* reporter, who began writing mystery fiction while living in Japan for two years.** She is the author of four novels in her Rei Shimura mystery series, and in 1997 she won the Agatha Award for Best First Mystery. She will discuss her rich and varied experiences as a writer and answer questions from the audience. Mark the date: **Friday, March 2, at 7:00 p.m. in the Auditorium.** We hope you will attend and bring your friends to enjoy this dynamic speaker.

We participated this year for the first time in the Broadmead Arts and Crafts Show. Individual members exhibited their books, anthologies, reprint from a journal, short stories, along with selections of their writing in bound folders. A construc-



A few members of the Writer's Group compare notes at their February 16 meeting. Left to right around the table are Carolyn Underwood, John De Hoff, Sarah Cooper, Lynn Buck, Terry Mottley and Whitty Cuninggim.

tion of origami cranes, created by one of our group, provided a colorful centerpiece for our table. It was an impressive display of the diverse talents of our members.

The Writers Group meets every Friday at 3:30 p.m. in the Lower Level Meeting Room. We invite anyone who writes, whether publicly or privately, to join us. As **May Sarton** suggests, you might learn the answers to some pertinent questions about yourself--and have fun in the process.

Point of View

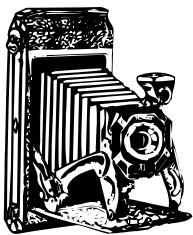
By Sarah Cooper

From perpendicular to horizontal, from moving to stationary, from outside on the Perimeter Road to inside in a Hallowell room, my outlook on the world has changed. Fortunately, there is a tall window with sliding glass panes that opens on a little concrete patio. Beyond that I see a grassy area lined by gray fence. I know I'm on the second floor; just the tops of cars are visible as they glide by on the road. Past the fence and the invisible road, the window allows a narrow view of wooded hillside.

I enjoy looking at the tall slim trees, watching the morning come, lighter and brighter. The sky, blue and clear for several days, shows through



their branches. According to my newspaper, these have been good winter days; tomorrow should be really mild. Maybe, I'll sneak outside. The Summerhouse trail starts nearby. I can see the fallen tree that borders it. If I'm sitting up, I see two trees whose trunks are covered with the green leaves of some vine, ivy, perhaps. I note the curve and twist



The Camera Club Presents

A Special Program
In the Auditorium
Saturday, March 31
at 7:15 pm

To honor the excellence of the
photographic work of a former Resident, Wally
Smith,

Barbara Young, M.D.,
semi-retired psychoanalyst and psychiatrist,
and a highly respected photographer,
will present a slide program titled:

"The Emerging of a Photographic Eye"

Call Lehman Guyton for information.

of branches, the play of dark and light, the wintry look. Maybe, I'll see some deer, I tell myself. Another Resident saw three young ones disporting in the woods. In my almost nine years at Broadmead, I've seen only two. Maybe, through my narrow slit of window, if I keep a steady watch out--and what else is there to do? Perhaps I'll see a deer or two, discover their hours of wandering in the neighborhood, and catch them nibbling on our rhododendrons.

After all, I've seen the top of a maintenance man's yellow cart, the white truck of a delivery man, and two or three white, navy, tan incoming or outgoing Residents or visitors--not heavy traffic, just enough to keep things moving around here. I don't see hikers; I don't see birds. So my point of view has boiled down to the question:

How many cars per hour?

Super Bowl

By Robert Herrmann

In the "golden years" we could root for a Colt
But they suddenly vanished, what a huge jolt!
Lean years then followed; we were all in despair,
How could this happen? It didn't seem fair.

At last a great team arrived

--just what we're cravin'.

To hell with the Colts, just give me a **Raven**.

BIRD

By Marie Ewing

My pet is an Australian Finch
who loves to sing and fly.
His comfort is his homing cage.

I often wonder why --

he has the freedom of all rooms.

It must be great to fly -- I wish I were this
bird sometimes instead of being me.

His happiness is evident because he feels so free!

His feathers show off black and brown,
with dots and stripes of black.

His beak is red as are his feet,
what do you think of that?

It is a treat to have my bird
for all these many years --
this tiny little Zebra Finch,
the joy can bring real tears.

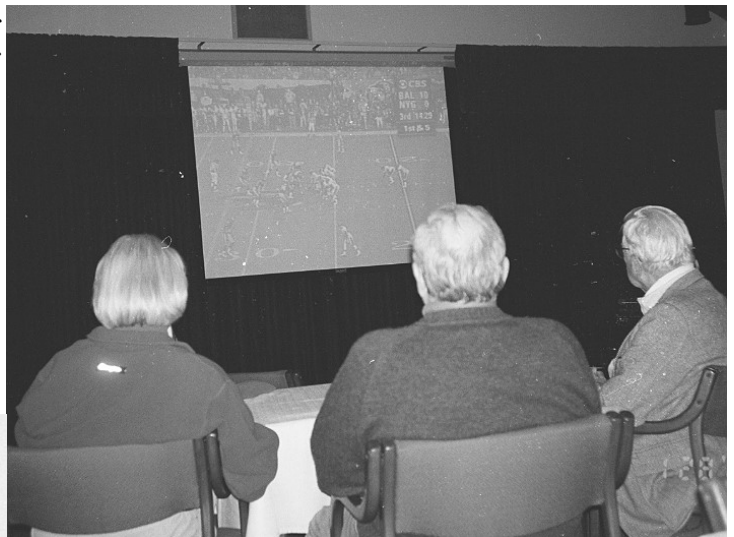
SUPER BOWL PARTY IN THE CENTER

By Jane Earhart Photos by Jane Earhart and Bob Davies



Maniacal behavior overtook a segment of Broadmead's population on the early evening of January 28, 2001. The cause: **Super Bowl XXXV**. Marylanders had waited 30 years to see their football team return to the Super Bowl. Celebration was the order of the day.

With little prior notice, our "Hostess with the Mostest," Jeannette Royston, whipped her entertainment team into their clever-idea mode. The Line Dance group and their teacher, Marge Schlitz, were asked to take on the role of cheerleaders.



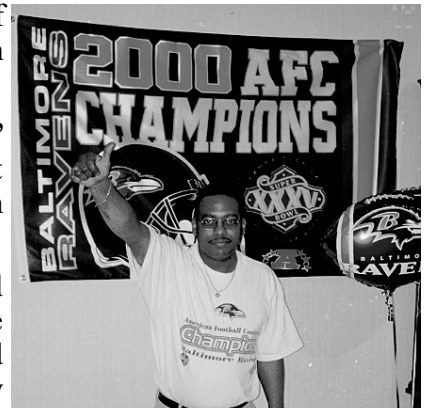
Lead us they did, getting us in the spirit of the occasion. In addition to Marge, Lynn Buck, Lois Sexton and Sally Bloomer strutted their stuff.

Jeannette and Bonnie Cox made the pom-poms and the headbands for our cheerleaders and showed, along with Evie Dempsey, more of their creative skills in

producing the poster that announced the Super Bowl Party.

Two Residents dressed as former Baltimore Colts. With a big "C" on their chests, one wore the number 19 (John Unitas) and the other 70 (Art Donovan) on the back of their jerseys. Who but Margaret Proctor and John Nelson would give us a sentimental memory?

Due to the fine efforts of Ed Marsh and Bob Davies, we enjoyed BIG SCREEN viewing of the game. Thanks go also to the Food Service Department for their contributions of raw oysters, chicken wings, fried shrimp and other culinary concoctions. May the gang return next January to lead us again in the "**Go Ravens Go**" chant.



Leroy Richardson from Food Service gives a thumbs up for the RAVENS' amazing victory.



BROADMEAD WELCOMES

By Betsy Griffin

George Krotkoff

B-3 419-329-1133 December 2000

George was born in Vienna of Russian parents who had left Russia during the Russian Revolution. He was educated from kindergarten through a doctorate degree in Near Eastern Studies in Austria. Russian was spoken in his home but German in the world around him so he became fluent in both languages early in life and developed a deep interest in all languages. After earning a PhD in Arabic and Islamic Languages, he taught German in Cairo, Egypt for four years and in Baghdad, Iraq for several more before coming to America in 1960 as a professor at The Johns Hopkins University, where he remained for 30 years teaching Islamic Studies. He has lived in the Towson area where he is slowly emptying his former home and will be with us more when this is completed.

Laura (Hiss) Karll (Mrs. Wm. R)

J-11 410-771-6869 January 2001

Laura is a native Baltimorean. After graduating from Smith College toward the end of WWII she joined the Women's Army Corps (WAC). She was sent to Atlanta to train as a physical therapist and began a career in that field serving for three years in a hospital in Battle Creek, Michigan. When that job ended she bought a car and headed east, visiting friends along the way. It was on this trip that on a blind date she met her husband, a Harvard Business School graduate. Laura operated her own business in interior decorating in Baltimore for 25 years. She has six daughters (two of whom are trained as midwives), who are scattered throughout the U.S. in Hawaii, Seattle, California, two in Iowa, and one nearby in Upperco, Maryland. She has 13 grandchildren, and three great grandchildren with two more expected. Her interests include gardening and her success here is evidenced by the lovely large lemon tree in her bedroom that currently bears a golf ball size lemon and two buds.

Frank and Marian (Halveson) Sibley

L-13 410-584-2668 January 2001

Frank is a Baltimorean and Marian a native of Iowa. He is a Poly graduate and studied accounting in business college before spending a 39-year career in the financial world, retiring as Director of Finance at the Post Office. His father had served as Postmaster of Baltimore. Marian earned a degree in Education at Towson State and taught for many years at Dumbarton Junior High in Baltimore County. The Sibleys have a son who with his father built a home on Martha's Vineyard and commutes daily to teach at the Boston Museum of Fine Arts. Their daughter lives in Salt Lake City with her family. There are four grandchildren and three great grandchildren. Frank's hobby has been woodworking and their home contains many lovely examples of his hand made work. Marian enjoys music and flower arranging.

Concerts in the Lounge

By Philip Schnering

Sunday, March 4 at 2:00 PM

LYRIC BRASS

Five-piece brass band with foot tapping music.

Thursday, March 8 at 7:00 PM

LET'S SING

with **Mary Lou Moon** at the piano.

PROGRESS REPORT

for the new Health and Wellness Center

By Brenda Becker

Broadmead will soon have a new Health and Wellness Center to enhance our commitment to comprehensive Healthcare. Not only will the existing Outpatient Department be enlarged to serve our Residents more efficiently, the renovation will also include a new area for physical, occupational and speech therapy, a new fitness room, new offices for ophthalmology, dentistry and podiatry, and newly designed rooms for Touch Toys, Sew and So, and for plant and flower arranging. The project will be completed by the end of June, at which time we will welcome the community at large to an open house.

Healthy Weights

Part Two

By John B. De Hoff, M.D.

Remember last month's disclaimer: If you are overweight with any chronic medical condition, consult your physician about weight management before you begin any diet program.

So you feel healthy, and are motivated to be a little leaner. Have you looked carefully at your bare body - maybe for the first time in years - and would you like to lose some of that poorly placed fat you see in a mirror? OK! So you desire to change for the better in how you look. Success is more likely when you really long for a trimmer female figure or want to be a more muscular male.

Determine your weight and height and calculate your Body Mass Index, as shown last month. With a BMI of 25 to 30, you're overweight. Or measure your waist, if you have an unusually prominent abdomen. Females are overweight if it measures more than 35 inches. Males are overweight if the waist measures greater than 40 inches.

Three major elements in healthy weight control are your motivation, diet, and physical activity. Have a good incentive to look trimmer, feel sprightlier, enjoy greater energy, be healthier. These are great reasons to take control of your weight. But motivation must also overcome old habits like eating between meals or before bedtime, customs that favor high calorie foods, gnawing hunger due to boredom, maybe little bouts of mild depression. Accept a new facial wrinkle or ill-fitting clothes, they'll smooth out or are easily remedied. Never underestimate your need for adequate motivation to start new and healthy food habits of effective dieting.

A diet is food and drink regularly consumed. It is habitual nourishment. In any careful diet plan, it is also a list of foods prescribed by some physician or dietitian, with menus to follow or portions to measure. A caloric intake less than customary is central to gradual weight reduction. Do not yield to occasional mild hungers tempting you to eat more than the diet permits.

Cautions: Avoid very low-calorie diets. Shun odd or weird diets that emphasize a single

class of foodstuffs or eliminate completely another class or type of food. Such diets are fads or crazes that often provide impaired nutrition, and may be hazardous for elderly persons.

Caloric content of diets to reduce body weights should range between 1,000 to 1,200 large calories per day (kilocalories, or kcal/day) for women, and 1,200 to 1,600 kcal/day for men. A qualified dietitian should calculate your weight reduction diet. Persons who diet should be knowledgeable about the composition of various foods, their preparation and portion sizes, and how to read and interpret labels of packaged foods.

Couple an increased caloric expenditure with a lower caloric intake, to lose weight smoothly. A wide range of physical activities can improve muscle tone and increase self-esteem, minimize muscle mass loss and reduce heart disease risk. Exercises take extra time. Budget them in your daily or weekly schedule. Find a place in daily activities or chores for increased activity like using stairs instead of escalators. Include walking rather than riding, or group workouts like dancing or calisthenics. Aim for a long-term goal of daily exercise for 30-45 minutes, increasing time gradually and with care to avoid injury. Walk an extra distance - as briskly as possible.

A military training axiom can help: "You will participate, and you will enjoy it!" Purchase items for home meals with care, reading labels and choosing low calorie foods. Prepare meals you eat at home with attention to good taste. Know their caloric content. Begin to view your diet plan as a ticket to good health and physical fitness. Enjoy your new foods, explore lower calorie recipes, eat more vegetables, substitute fish for meats, avoid fatty foods, eliminate gravies and sauces, eat smaller portions, minimize or eliminate alcoholic beverages. Accept changes in your foods, and enjoy new eating habits. You'll look and feel better, too!



Four **B**'s in the Resident's Office

By Paula Balser

Archivist Ruth **B**aldwin did an excellent job of supervising the office and files until her illness forced her to stop. Paula **B**alser tried to bring some order into the overloaded files, stuffed with duplications and outdated materials. Sally **B**urbank, Assistant Secretary, has worked hard to get papers in chronological order. She also cleaned out the desk, and the freestanding file which has been kept for colored stationery, and the many office supplies. Three pencil sharpeners were found and other surprises. The "minute" books, dating back to 1980 have been moved to the Seminar Room, courtesy of Agnes Visy, Librarian.

Marty **B**urton volunteered to help, and has been faithfully updating the new entrance notices, as well as clippings of deceased Residents. These books are on top of cabinets to the right, and are so labeled. Each committee and activity now has its own folder (with a typed instruction sheet on top of the first file to right as you enter) to guide you to one of four drawers. There is also a large folder on History, well worth reading. **Come check us out.**

Troubled Democracies

By Abe Makofsky

At the Open Forum held on February 8, Dr. Ronn Pineo, Professor of History at Towson University, used the above term to describe conditions in two Latin American countries: Peru and Venezuela. His major thesis was that in each country there are problems, such as great poverty among a huge majority, great wealth for very few, and a weak middle class. This has made it difficult for civilian, democratically elected governments to maintain stability. Military coups are the product of these conditions.

Peru has three geographical regions: the coastal area has fertile river valleys; it is rich in sugar and cotton production, all of it owned by the white tenth of the population. The mountainous area is the home of the very poor Indian half of the population. There are isolated farm communities, and these have been the center of the guerilla group fighting the government--the Shining Path. Although the protests of the guerillas are justified, he considers them terrorists who kill indiscriminately. The military that fights them is equally brutal in terrorizing peasants.

Since the 1960's military and civilian governments have taken turns at trying to solve severe economic problems, but without any success. The 1990's had a strong president, Fujimori. He battled the terrorists and weakened them by capturing their leader. He also got rid of a legislature and judiciary that did not agree with some of his policies. He installed rubber-stamp replacements in their place, and began to rule by decree. Corruption was rampant, the president fled the country, and a military coup may be in the offing.

Venezuela, a country rich in oil and a key supplier of United States imports of that product, has followed the pattern of Peru in its political history: military rule that succeeds failed civilian governments, and a reversal of that order when the military could not supply either a stable economy or democratic rule. Ethnically, mestizo (mulatto) are 2/3 of the population; whites number 20% and blacks are 10%.

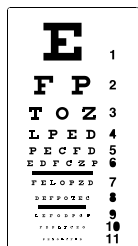
Continued on Page 9

Continued from Page 8

A key figure in recent years has been Hugo Chavez, who is the current president. He was a military man who led a failed coup in 1992; the

LOW VISION SUPPORT GROUP

Meets in the Auditorium
11:00 am on Tuesday, March 6
Call Bonna Nelson for information
410-527-1900, Ext. 3991



VESPERS

By Elsa J. Lundgren

Sunday, March 18 at 4:30 pm in the Lounge

The Reverend Ernest R. D. Smart

Union Presbyterian Church

Everyone Welcome

LET'S DANCE

By Walter Lane

With the

George Hipp Trio

Everyone Welcome to Dance

Or just to enjoy the music

Monday March 12

7:00 pm in the Lounge



protest was against a failing economy despite the oil wealth. Corruption was pervasive in previous administrations; there was high inflation and great hardship for the mass of the population. Chavez's social agenda has attempted to alleviate some of the inequality, by granting higher pay to government employees and increasing pensions. He has also tried to improve health services for the poor. In foreign policy, he has been friendly to Cuba, and has visited Saddam Hussein. He seems to want to govern undemocratically, suppressing media that are not his supporters.

The speaker emphasized these important questions: Can social reform be achieved only by undemocratic means? Are social gains more important than democracy? Is democracy a luxury of wealthy nations?

Indigenous Peoples in the 21st Century

By Lloyd Tyler

At the Open Forum on January 18th, Dr. Linda Rabben, an anthropologist who works with Amnesty International on behalf of survivors of human rights abuses in the U.S. and Brazil, brought us some first-hand information on problems of the more than 300 million indigenous people around the world who are disenfranchised in their own countries. She defined indigenous peoples "as a person native to a place." A human rights text book says "indigenous people include the native tribes of the Americas as well as non-dominate groups in other parts of the world that are culturally distinctive and distant in significant ways from state governments."

Dr. Rabben is a member of the American Anthropological Association's Committee for Human Rights and in 2000 was appointed to the Human Rights Task Force of the Latin American Studies Association. She has just written a book on the history of human rights campaigns, where she said Quakers were in the forefront of the movement

two hundred years ago. (She would like to return here and talk about that book.)

In Brazil she met and worked with Indian activists. In 1988, some of them came to Washington to lobby the World Bank against the funding of hydroelectric dams that would flood their reserve. They gave some speeches pointing out their problems in Brazil and then returned to Brazil where these original Brazilians were indicted under the "foreigner's" law. The two leaders went to court dressed in their native dress which consisted of swimming trunks, ornaments and beads, with their bodies painted. The judge said that did not show respect for his court. Luckily, they persevered and due to a lot of publicity they finally won that round and eventually the case was thrown out.

Indigenous peoples often have long struggles in order to have their rights respected. Minerals, oil, gold, and timber on their reserves are often too valuable for governments and entrepreneurs to honor their rights, so they are constantly under siege. They tend to be real environmentalists by necessity, as oil and minerals once extracted are gone forever, and timber needs time for renewal. So they carefully husband their natural resources. In Colombia, for example, multinational oil companies are anxious to explore for oil. Colombia is a major supplier of oil to the U. S. and other first world countries. An article by a former member of the Special Forces in Colombia maintains that the real reason the U. S. is going to fight the drug war in Colombia is not to stop drug trafficking but to guarantee the supply of oil. This may be open to debate but often the indigenous peoples' interests are lost when multinational corporations and large governments feel only their own interests are important. Will Colombia become another Vietnam?

There is now a proposal for a permanent forum of indigenous peoples in the UN system. The U. S. originally supported the idea but now is waffling because of concern about its effect on the budget. Dr. Rabben urged us to write to our Congressmen asking for support for a UN forum to help give the indigenous peoples a voice in world affairs.

The Open Forum Examines the Comparative Cost of Health Care

By Palmer Fletcher

The Open Forum of February 1st was addressed on "Where Does the United States Stand in an International Comparison of Health?" The speaker was The Johns Hopkins University Distinguished Service Professor Barbara Starfield, M.D., with appointments in the Department of Health Policy Management in its School of Hygiene and Public Health and in Pediatrics in its School of Medicine.

Dr. Starfield presented her research on the administration and staffing of health delivery systems in the industrialized nations of Europe and North America. With this information she correlated measures of the excellence of health care and the cost thereof in these countries. Their yearly health expenditures per citizen ranged from \$1,131 in one country to a high of \$3,708 in the United States. We are the only country without universal access to care or without governmental supervision of the geographic distribution of health care resources.

The speaker discovered no correlation between the cost of health delivery systems and the excellence of care, judged largely by the infant and childhood death rate. That rate is less in Scandinavian countries than in the United States despite the lower Scandinavian costs. Relative deficiencies in the health of our country's adults are much less striking. The speaker ascribed the lavish employment of technical equipment as an important contribution to the cost of our country's care. She warned that the pervasive use of advanced diagnostic and therapeutic measures may carry with it serious danger to patients.

Dr. Starfield also emphasized that the greater availability of primary care physicians compared to that of specialists in European countries characterized the delivery of health care in Europe and was another major contributor to its lesser cost compared to that in the States. She defined primary care physicians as those who have "first contact" with a patient and offer comprehensive care over a period of time. The majority of those so qualifying are physicians practicing family medicine; pediatricians and internists constitute a smaller proportion of qualifiers.

Throughout Dr. Starfield's presentation the

audience took advantage of the opportunities she offered for questions. In answer to one, she responded that the differences in the national health on which she reported were not due to socio-economic divergences from one country to another in their populations.

Dr. Starfield's recommendations, which related particularly to the cost of care, included the plea that medical education partly renounce its major emphasis on the currently prestigious inpatient specialty care and further develop training in outpatient primary care. The pay of primary care physicians should be aligned more closely with that of specialists, who employ the costly technology urged upon them by its manufacturers. And patients must be educated not to demand of physicians expensive procedures and medications that sometimes carry serious risk to their health.

OPEN FORUM

By Nydia Finch

In the Auditorium on Thursdays at 10:30 am

March 1

Topic: The State of Education Reform in Maryland

Speaker: Mike Bowler
Education Columnist
Baltimore Sun

March 8

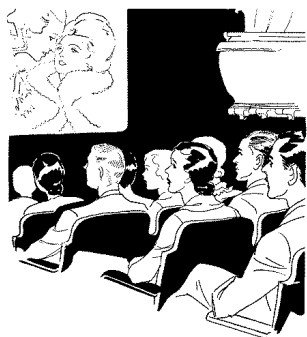
Topic: Census Mapping, 2001

Speaker: James Gillispie
Director of Computer Mapping
Eisenhower Library
The Johns Hopkins University

March 29

Topic: Biotechnology: Facts, Fears and the Future

Speaker: Dr. Leah L. Porter
Executive Director
American Crop Protection Association
Biotechnology Committee



MOVIES AT BROADMEAD

*Tuesday Movies by
Jean Stephenson
and Bob Herrmann
Saturday Movies by Frank
Hijikata*

Tuesday, March 6
THE ANIMAL

KINGDOM

Adapted from the Philip Barry play. Publisher (Leslie Howard) has had a relationship with free-spirited artist (Ann Harding), but marries middle-class manipulative woman (Myrna Loy). Publisher comes to his senses, and returns to his artist friend.

Saturday, March 10 **GLENGARRY
GLEN ROSS**

Made in 1992, 100 Minutes, R-Rated, 3 Stars.

Based on David Mainet's Pulitzer Prize winning play of desperation and betrayal. Real estate salesmen for a New York company, most of them doing poorly, scheme to win a big sales promotion and save their jobs after the representative from the main office gives them an ultimatum. Alex Baldwin, Ed Harris, Jack Lemmon and Al Pacino star in this powerful and profane movie.

Tuesday, March 13 **CAROUSEL**

Based on Ferenc Molnar's *Liliom*, this Rodgers and Hammerstein musical features great songs including "If I loved you" and "June is bustin' out all over" among others. Choreography by Rod Alexander is exaggerated.

Tuesday, March 20 **REMAINS OF THE DAY**

In the 1930's, Lord Darlington (James Fox) is being duped by the Nazis into trying to establish a rapport between themselves and the British Government. Anthony Hopkins plays Darlington's butler and Emma Thompson, the housekeeper.

Saturday, March 24 **ANGELA'S ASHES**
Made in 1995, 146 Minutes, R-Rated.

In observance of St. Patrick's Day, this movie based on a Pulitzer Prize winning memoir will be shown. Life in impoverished depression-era Ireland holds little promise for young Frank McCourt. The oldest son in a tightly-knit family, living by his wits, cheered by his irrepressible spirit and sustained by his mother's fierce love, Frank embarks on an inspiring journey to overcome the poverty of his childhood and reach America, the

land of his dreams. R-rated for sexual content and language.

Tuesday, March 27 **THE APARTMENT**

Jack Lemmon attempts to climb the corporate ladder by loaning his apartment key to various executives for their extra-marital trysts. Shirley MacLane, Fred McMurray, and Lemmon are all excellent in their parts.

GENERAL SATURDAY PROGRAM

In the Auditorium at 7:15 pm
*By Charles Hobelmann and
Margaret Proctor*

March 3
CYNTHIA KERMAN
"The Many Faces of Water"
A Slide Program

March 17
BILL & MIRIAM HYDE
"Pacific Panorama"
A Travelogue

Broadmead Bakers and Candy Makers

IT'S BARN SALE TIME AGAIN

We need your talents,
so bring us all those delectables:
from breads to cookies to cocktail tidbits,
and all your other specialties.

**We will be ready to accept your creations on
Wednesday, April 4 from 10:00 am to 5:00 pm.**

For information contact:
Jean Hake, Eleanor Casey or Weezie Davis

POETRY READING

In the Auditorium
Tuesday, March 20 at 11:00 am

"In Praise of Creation"
By Pat and Carolyn Underwood

ADVENTURES IN LEARNING SPRING PROGRAM

Three Lectures on Sculpture
in the Auditorium on March 21 and 28, and April 4.

“FROM MARBLE MAIDEN TO STRUCTURES OF STEEL”

by Dr. Bodil Ottesen
of the Baltimore Museum of Art

A trip to the Museum to view the collection
with Dr. Ottesen is scheduled for April 11.

For information, contact Betsey Spragins or Barbara Vosburgh.

VOICE of the RESIDENTS
Volume XXII, No. 7
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Published September through June
Broadmead Residents Association
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Robert W. Davies, *Editor*

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